



## Murrieta Valley Adult School and Community Education “Pathway to Success”

### **2025 Murrieta Valley High School Wrestling Summer Camp**

The Murrieta Valley High School Wrestling program is looking for hard working and dedicated athletes who want to improve their skills and learn more about the great sport of Wrestling. This camp is designed to help your player improve their wrestling technical skills, conditioning and overall proficiency in the sport. Summer camp is not mandatory but is strongly encouraged to further your athlete’s physical performance, technique, personal improvement, as well as an exceptional opportunity for team bonding.

**DATES:** Summer Camp will begin June 6, 2025 (all athletes) and camp finishes June 29, 2025. Camp is held Monday through Thursday during this 3-week session. There will be more practice opportunities after the 2-week dead period.

**TIMES:** Returning Wrestlers (Team A & B): 9am – 12 pm Monday –Thursday  
Incoming freshman (Team C): 6pm – 8 pm Monday – Thursday,

\*Wrestlers will participate in various training forms which will include technique, live, agility drills, weightlifting and conditioning. Please refer to the Wrestling Summer Calendar for full details. Email reminders will also be sent out with updated events. The summer calendar will be completed and on the MV wrestling athletics web page by May 17<sup>th</sup>. Please contact Coach Kingman with any questions [dkingman@murrieta.k12.ca.us](mailto:dkingman@murrieta.k12.ca.us)

**COACHES:** Coach Dan Kingman, Coach Michael Dooty, Coach Bobby Thompson, Coach Chris Martinez (other coaches and clinicians subject to change)

#### **SUMMER CAMP REGISTRATION TUITION:**

- \$300 for returning wrestlers (due date June 6<sup>th</sup> if paid after June 6<sup>th</sup> dues are \$325)
  - \$150 for incoming freshman/middle school students (due date June 10<sup>th</sup>)
- Camp Registration Dues can be paid in the form of credit card or cash.

Credit Card: To pay online, please click the following link:

If paying by cash please submit payment to Nelly Alvarez at the bookkeeping window between 8 am & 12pm, contact info: [NAvarez@murrieta.k12.ca.us](mailto:NAvarez@murrieta.k12.ca.us) or (951) 696-1408 Ext. 5276

- Registration includes a camp t-shirt.

**PHYSICALS & WAIVERS:** All players must have completed the athletic clearance thru [www.homecampus.co](http://www.homecampus.co) and a physical turned into the Athletic Dept. to be able to participate. Physicals are being held at MVHS at a reduced cost of \$30.00 on May 10, 2025, from 8:00am -12:00pm. A player can also have his own physician conduct the physical. Physicals must be performed by an M.D. (We cannot accept physicals from a Chiropractor, Dentist or Physician Assistant.)

If you have any other questions, please contact Coach Kingman at [dkingman@murrieta.k12.ca.us](mailto:dkingman@murrieta.k12.ca.us)